

Fable Mountain Vineyards



Focus:

Located on the awe-inspiring, rugged slopes of the Witzenberg Mountains in the Western Cape, Fable focuses on producing pure expressions of old bush vine Chenin Blanc and red Rhone varietals.

Background:

The vineyards of Fable are planted in a setting of majestic beauty. The 15 hectares of estate vineyards are planted in soils of ancient rocks, shale and schist at an elevation ranging from 500 to 600 meters. Being tucked away at the base of the mountain range provides a unique and challenging growing environment. On the fringes of the frontier and facing teasing weather conditions, extreme wildlife and natural dangers, the vineyard is peacefully and biodynamically farmed. Fable strives to be one with the environment, thriving off a diversified agricultural system that includes livestock. Winemaker Rebecca Tanner and partner viticulturist Paul Nicholls live on the farm with their children and dogs. They are relentless in their pursuit of perfection from this untamed vineyard.

Key Selling Points:

- They believe every **wine should tell a story** hence the name Fable. The label tells the story to the eye and the wine tells the story to the palate. The wine is made with a natural approach with very little interference whilst it's being made.
- **Biodynamic practices:** Very few farms practice these. Biodynamic agriculture is a method of organic farming originally developed by Rudolf Steiner that employs what proponents describe as "a holistic understanding of agricultural processes". The principles and practices of biodynamics are based on his spiritual/practical philosophy, called anthroposophy, which includes understanding the ecological, the energetic, and the spiritual in nature.
- With over 40 years of wine making and grape growing experience, Paul and Rebecca both live on the farm and are the winemaker and viticulturist respectively. **"It's about seeing the connections and networks in the farm as an interacting piece of the wider bio-region and not just an isolated part. It is this system that brings life and positive energy to the vines that in turn produces better wines"**. This incredibly passionate and committed couple toil daily enduring the hardships of this unique place including fires, leopards, poisonous snakes, baboons and isolation in order to cultivate the incredible rewards that this magical and beautiful property offers.
- **Reviews:** "A wine to watch!" Allan Mullins (Cape Wine Master & Wine Consultant for Woolworths) and Christian Eedes (Wine writer).
- Syrah won a **gold at the 6 Nations Wine Challenge**.

